

WORKSHOP

How to Help Kids Walk and Bike to School Safely

Tuesday, September 23, 2008

8 a.m. to 2 p.m.

Optional Trainer Workshop

2:15 - 4 p.m.

Leu Gardens, Orlando, FL



- 8 a.m. **Registration opens** - light & healthy breakfast served
- 8:30 a.m. **Welcome and Introductions** – Lisa Portelli, Program Director,
Winter Park Health Foundation
- 8:45–9 a.m. **Why Safe Routes to School Matter**
Pat Pieratte, Florida Safe Routes to School Coordinator
- 9–10 a.m. **Let's Get Going and Do SOMETHING!**
Dr. Linda Crider, University of Florida, Department of Urban &
Regional Planning, and Founder and Executive Director of Bike
Florida, Inc.
- 10–10:15 a.m. **BREAK**
- 10:15–11:15 a.m. **Walking School Bus**
Kathie Carothers, School Safety Coordinator, Chicago Police
Department
- 11:15 a.m.–12:15 p.m. **Panel: Learn from local individuals who have developed
programs to promote walking or biking to school safely**
- Sheryl Bradley, Chairperson of the Orange County
Community Traffic Safety Team; experienced in Orange
County programs and challenges and opportunities related
to traffic/safety/routes to school

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For more information, contact Lisa Portelli, Program Director for the Winter Park Health Foundation at lportelli@wphf.org

- Jana Ricci, organizer of Safe Ways to School at Brookshire Elementary School
- Jody Lazar, Michelle Sartor and Jeanne Redmon, Walk n' Roll Team members who have children in Dommerich Elementary and Maitland Middle schools

12:15–12:45 p.m.

Healthy Box Lunch (provided)

12:45–1:50 p.m.

Discussion and Exploration of Resources

- Pat Pieratte, Florida Safe Routes to School (SRTS) Coordinator
 - National overview of SRTS and how the program is administered and funded in Florida
 - Examples of infrastructure projects and non-infrastructure programs being funded in Florida
 - Resources available in Florida
 - 2008 recommendations of the national SRTS Task Force
- Joan Carter, District 5 Bicycle and Pedestrian Coordinator, Florida DOT
 - How the regional DOT relates to statewide Safe Routes to School
 - Resources and assistance available for schools and municipalities
 - Creative ideas for a walking/biking program
- Lisa Portelli, Program Director, Winter Park Health Foundation
 - Resource list
 - Mini-grants from WPHF

1:50–2 p.m.

Wrap Up – Q&A

2:15–4:15 p.m.

SPECIAL SESSION: Train the Trainer

Presented by Tammy Horvath, former Safe Kids Coordinator, Orange County Children's Safety Village

This is a special two-hour workshop provided FREE for those who have already started a program or are close to beginning a program. This training session will provide instruction and guidance on how to teach safe walking and biking strategies and activities to children and parents.